

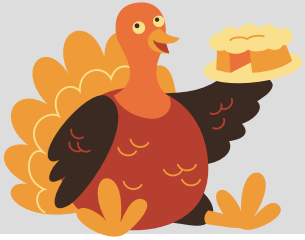
November



<https://www.twitch.tv/millkatyoga>
<https://www.twitch.tv/pilatesteach11>
<https://twitch.tv/cnhumphrey>
<https://www.twitch.tv/annfulmer>
<https://www.zumba.dance/class/livestream/5f242554-45f0-4f4c-ba98-20b70a010b3a> password: 381133

VIRTUAL FITNESS CALENDAR

Monday



Tuesday

Wednesday

Thursday

Friday

Saturday/Sunday

1

9:15am Pilates - Ansley

2

10:15am Yoga - Katherine

5:30pm Yoga - Ann

3

9:15am Pilates - Ansley

4

5

5:00pm Yoga - Ann

6

9:15am Pilates - Ansley

7

10:15am Yoga - Katherine

5:30pm Yoga - Ann

8

10:00am Pilates - Ansley

9

10:15am Yoga - Katherine

5:30pm Yoga - Ann

10

9:15am Pilates - Ansley

11

12

5:00pm Yoga - Ann

13

9:15am Pilates - Ansley

14

10:15am Yoga - Katherine

5:30pm Yoga - Ann

15

9:15am Pilates - Ansley

16

10:15am Yoga - Katherine

5:30pm Yoga - Ann

17

9:15am Pilates - Ainsely

18

19

5:00pm Yoga - Ann

20

9:15am Pilates - Ansley

21

10:15am Yoga - Katherine

5:30pm Yoga - Ann

22

CLUB CLOSES: 8PM

23

HAPPY THANKS GIVING

CLUB CLOSED

24

CLUB HOURS: 8am-8pm

25

26

5:00pm Yoga - Ann

27

9:15am Pilates - Ansley

28

10:15am Yoga - Katherine

5:30pm Yoga - Ann

29

9:15am Pilates - Ansley

30