

# WEEKLY FALL ADULT CLINICS AT ACA

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M/W/F	6:30-8:00AM	EYE OPENERS W/ RUSTY AND NOAH (3.0+)- \$20 MONDAY- BRING A FRIEND FOR FREE (MUST BE THEIR FIRST TIME COMING) WEDNESDAY- WORKOUT WEDNESDAY (DROPSHOT ROUND ADDED IN FOR SOME CARDIO) FRIDAY- FOOTBALL FRIDAYS (BEST SHIRT WINS PRIZE, TWEENER BONUS, AND FIGHT SONG PING PONG TO CLOSE THE MORNING)
MON	7PM-8PM	MEN'S NIGHT W/NOAH (\$15)
TUES	10:30AM-12PM	DOUBLES DRILLS (\$20)- 3.5 TO 4.0 ONLY
TUES	7PM-8:30PM	EVENING DROP IN (\$20)- EYE OPENER STYLE
THURS	6PM-7:30PM	MENTENSITY (\$20)- 4.0 RATING AND UP ONLY
FRI	12PM-1PM	CARDIO TENNIS (\$15)
FRI	5PM-6PM	BEGINNER 6-CLASS (\$15)
SAT	8AM-9:30AM	SATURDAY EYES (\$20)
SAT	11AM-12:30PM	IMPROVERS CLINIC (\$20)