

JANUARY



<https://www.twitch.tv/millkatyoga>
<https://twitch.tv/cnhumphrey>
<https://www.twitch.tv/annfulmer>
<https://www.zumba.dance/class/livestream/5f242554-45f0-4f4c-ba98-20b70a010b3a> password: 381133

STUDIO FITNESS CALENDAR

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday/Sunday
2 8:15am Pilates - Ainsley	3 10:15am Yoga - Katherine 5:30pm Yoga - Ann	4 8:15am Pilates - Ainsley	5 10:15am Yoga - Katherine 5:30pm Yoga - Ann	6 9:15am Pilates - Ainsley	7 — 8 4:00pm Yoga - Ann
9 8:15am Pilates - Ainsley	10 10:15am Yoga - Katherine 5:30pm Yoga - Ann	11 8:15am Pilates - Ainsley	12 10:15am Yoga - Katherine 5:30pm Yoga - Ann	13 9:15am Pilates - Ainsley	14 — 15 4:00pm Yoga - Ann
16 8:15am Pilates - Ainsley	17 10:15am Yoga - Katherine 5:30pm Yoga - Ann	18 8:15am Pilates - Ainsley	19 10:15am Yoga - Katherine 5:30pm Yoga - Ann	20 9:15am Pilates - Ainsley	21 — 22 4:00pm Yoga - Ann
23 8:15am Pilates - Ainsley	24 10:15am Yoga - Katherine 5:30pm Yoga - Ann	25 8:15am Pilates - Ainsley	26 10:15am Yoga - Katherine 5:30pm Yoga - Ann	27 9:15am Pilates - Ainsley	28 — 29 4:00pm Yoga - Ann
30 8:15am Pilates - Ainsley	31 10:15am Yoga - Katherine 5:30pm Yoga - Ann				—