

MARCH

FITNESS CALENDAR



<https://www.twitch.tv/millkatyoga>

<https://www.twitch.tv/pilatesteach11>

<https://twitch.tv/cnhumphrey>

<https://www.twitch.tv/annfulmer>

[https://www.zumba.dance/class/livestream/5f242554-](https://www.zumba.dance/class/livestream/5f242554-45f0-4f4c-ba98-20b70a010b3a)

[45f0-4f4c-ba98-20b70a010b3a](https://www.zumba.dance/class/livestream/5f242554-45f0-4f4c-ba98-20b70a010b3a) password: 381133

Monday

Tuesday

Wednesday

Thursday

Friday

Saturday/Sunday



1

8:15AM Pilates - Ainsley

2

10:15am Yoga - Katherine

3

9:15am Pilates - Ainsley

4

5

4:00pm Yoga - Ann

6

8:15AM Pilates - Ainsley

7

10:15am Yoga - Katherine

5:30pm Yoga - Ann

8

8:15AM Pilates - Ainsley

9

10:15am Yoga - Katherine

5:30pm Yoga - Ann

10

9:15am Pilates - Ainsley

11

12

4:00pm Yoga - Ann

13

8:15AM Pilates - Ainsley

14

10:15am Yoga - Katherine

5:30pm Yoga - Ann

15

8:15AM Pilates - Ainsley

16

Yoga - Katherine

5:30pm Yoga - Ann

17

9:15am Pilates - Ainsely



18

19

4:00pm Yoga - Ann

20

8:15AM Pilates - Ainsley

21

10:15am Yoga - Katherine

5:30pm Yoga - Ann

22

8:15AM Pilates - Ainsley

23

10:15am Yoga - Katherine

5:30pm Yoga - Ann

24

9:15am Pilates - Ainsely

25

26

4:00pm Yoga - Ann

27

8:15AM Pilates - Ainsley

5:30pm

28

10:15am Yoga - Katherine

5:30pm Yoga - Ann

29

8:15AM Pilates - Ainsley

30

10:15am Yoga - Katherine

5:30pm Yoga - Ann

31

9:15am Pilates - Ainsely

