

JUNE

FITNESS CALENDAR



- <https://www.twitch.tv/millkatyoga>
- <https://twitch.tv/cnhumphrey>
- <https://www.twitch.tv/annfulmer>
- <https://www.zumba.dance/class/livestream/5f242554-45f0-4f4c-ba98-20b70a010b3a> password: 381133

(V) = Virtual

Monday

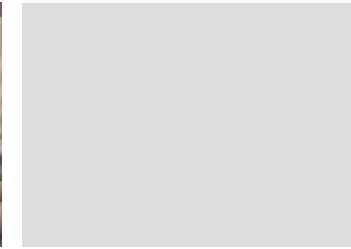
Tuesday

Wednesday

Thursday

Friday

Saturday/Sunday



1
8:15 am Pilates - Ainsley

2
10:00am Yoga - Katherine

5:30pm Yoga - Ann

3
8:15am Pilates - Ainsley

4
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5
4:00pm Yoga - Ann

6
8:15 am Pilates - Ainsley

7
10:00am Yoga - Katherine

5:30pm Yoga - Ann

8
8:15 am Pilates - Ainsley

9
10:00am Yoga - Katherine

5:30pm Yoga - Ann

10
8:15 am Pilates - Ainsley

11
—

12
4:00pm Yoga - Ann

13
8:15 am Pilates - Ainsley

14
10:00am Yoga - Katherine

5:30pm Yoga - Ann

15
8:15 am Pilates - Ainsley

16
10:00am Yoga - Katherine

5:30pm Yoga - Ann

17
8:15 am Pilates - Ainsely

18
—

19
4:00pm Yoga - Ann

20
8:15 am Pilates - Ainsley

21
10:00am Yoga - Katherine

5:30pm Yoga - Ann

22
8:15 am Pilates - Ainsley

23
10:00am Yoga - Katherine

5:30pm Yoga - Ann

24
8:15 am Pilates - Ainsely

25
—

26
4:00pm Yoga - Ann

27
8:15 am Pilates - Ainsley

28
10:00am Yoga - Katherine

4:5:30pm Yoga - Ann

29
8:15 am Pilates - Ainsley

30

