

# May

ACA Fitness is back to face-to-face classes.  
Zumba will continue to stream classes virtually,  
as will Thursday Yoga with Ann!

(V) = Virtual

- <https://www.twitch.tv/millkatyoga>
- <https://twitch.tv/cnhumphrey>
- <https://www.twitch.tv/annfulmer>
- <https://www.zumba.dance/class/livestream/5f242554-45f0-4f4c-ba98-20b70a010b3a> password: 381133

## FITNESS CALENDAR

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday/Sunday
<b>2</b> 8:00 am Pilates - Ainsley	<b>3</b> 10:00am Yoga - Katherine 5:30pm Yoga - Ann	<b>4</b> 8:00 am Pilates - Ainsley	<b>5</b> 10:00am Yoga - Katherine 5:30pm Yoga - Ann (V)	<b>6</b> 8:15am Pilates - Ainsley	<b>7</b> — <b>8</b> 4:00pm Yoga - Ann
<b>9</b> 8:00 am Pilates - Ainsley	<b>10</b> 10:00am Yoga - Katherine 5:30pm Yoga - Ann	<b>11</b> 8:00 am Pilates - Ainsley	<b>12</b> 10:00am Yoga - Katherine 5:30pm Yoga - Ann (V)	<b>13</b> 8:15am Pilates - Ainsley	<b>14</b> — <b>15</b> 4:00pm Yoga - Ann
<b>16</b> 8:00 am Pilates - Ainsley	<b>17</b> 10:00am Yoga - Katherine 5:30pm Yoga - Ann	<b>18</b> 8:00 am Pilates - Ainsley	<b>19</b> 10:00am Yoga - Katherine 5:30pm Yoga - Ann (V)	<b>20</b> 8:15am Pilates - Ainsley	<b>21</b> — <b>22</b> 4:00pm Yoga - Ann
<b>23</b> 8:00 am Pilates - Ainsley	<b>24</b> 10:00am Yoga - Katherine 5:30pm Yoga - Ann	<b>25</b> 8:00 am Pilates - Ainsley	<b>26</b> 10:00am Yoga - Katherine 5:30pm Yoga - Ann (V)	<b>27</b> 8:15am Pilates - Ainsley	<b>28</b> — <b>29</b> 4:00pm Yoga - Ann
<b>30</b> 8:00 am Pilates - Ainsley	<b>31</b> 10:00am Yoga - Katherine 5:30pm Yoga - Ann				